



## JANUARY 2021: Pre-K - 8 Express Cold Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				Winter Recess 1
<b>Daily Lunch Specials</b> • Peanut Butter & Jelly* (V) • Cheese Sandwich (V) • Hummus Grab & Go (V)			EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.	Assorted Cold Sandwiches Ranch Carrot Snacker Cucumber Salad
4	5	6	7	8
Superhero Spinach Wrap (V) Ranch Carrot Snacker	Assorted Grab and Go Salads Frito-Lay® Baked Scoops® Served with Salsa Cup	Chicken Caesar Wrap White Bean Salad	Cold Chicken Dumpling with Vegetable Rice Teriyaki Green Beans Fresh New York Apples	Assorted Cold Sandwiches Ranch Carrot Snacker Broccoli Cranberry Salad
11	12	13	14	15
Red, White and Green Panini (V) Ranch Carrot Snacker	Assorted Cold Sandwiches Potato Salad Pickle Chips	Assorted Grab and Go Salads Rold Gold® Heartzels	Cold Roasted Chicken Honey Sweet Potatoes Dinner Roll Fresh New York Apples	Chicken Tender Wrap Dipping Sauce Corn, Peas and Carrots Chickpea Salad
Martin Luther King Day 18	19	20	21	22
Southwest Burrito (V) Confetti Corn Salad	Assorted Cold Sandwiches Ranch Carrot Snacker Cucumber Salad	Chicken Rice Bowl Greek Zucchini Salad	Popcorn Chicken Wrap Black Bean Salad Fresh New York Apples New York Cookie Treat	Assorted Grab and Go Salads Frito-Lay® Baked Scoops® Served with Salsa Cup
25	26	27	28	29
Superhero Spinach Wrap (V) Ranch Carrot Snacker	Assorted Grab and Go Salads Frito-Lay® Baked Scoops® Served with Salsa Cup	Chicken Caesar Wrap White Bean Salad	Chicken Dumpling with Vegetable Rice Teriyaki Green Beans Fresh New York Apples	Assorted Cold Sandwiches Ranch Carrot Snacker Broccoli Cranberry Salad

### OFFERED DAILY

**Milk\***  
 1% Low-fat  
 Fat Free  
 Fat Free Chocolate

\*Alternative options are available upon request

(V) Indicates Vegetarian

Assorted Dressings

Seasonal Fresh Fruit

OFNS has an extensive Prohibitive Ingredients List available at: [schools.nyc.gov/nutritioninformation](https://schools.nyc.gov/nutritioninformation)

### ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK